

# Illawarra Shoalhaven LHD

The Illawarra Shoalhaven Local Health District was formed in 2011. The district has 250 kilometres of coastline and a population of around 369,000. The culturally diverse population is 25% rural with the rest living in cities and towns. The Local Health District is embarking on a significant capital works program, improving surgical services in the region's tertiary referral hospital, strengthening the provision of cancer services, providing a teaching and training facility and a Sub Acute Adult Mental Health Unit.



#### Nowra

Nowra has a bustling commercial centre and is situated on the beautiful Shoalhaven River, which offers fishing, river cruises and water sports. There are local cinemas, theatres, art galleries and many community festivals and events. Nowra has public and private primary schools, three public high schools, several non-goverment schools and a campus of the University of Wollongong. Combined with it's twin city, Bomaderry, the population is around 34,000.

### **Shoalhaven Hospital**

Number of beds:	100-200
Hospital type:	Acute Care Facility
Same day admissions approx.:	12,600
Overnight admissions approx.:	10,700

The Shoalhaven District Memorial Hospital is a busy acute care facility providing emergency care, medical, surgical and orthopaedic services to around 22,000 patients per year. It has a newly constructed Regional Cancer Care Centre, completed in 2013, and planning is underway for a Sub Acute Adult Mental Health Unit. The Hospital has affiliations with the University of Wollongong and the University of NSW.

#### Shellharbour

Shellharbour is just over an hours drive from Sydney, with a regional airport offering connections across Australia. The city is situated between the ocean and the forestcovered Illawarra Escarpment with Lake Illawarra and the Minnamurra River in close proximity. The town offers museums and galleries, shopping and theatre as well as many outdoor activities on the lake and five golden beaches; surfing, kayaking, diving and fishing.

## **Shellharbour Hospital**

Number of beds:	164
Hospital type:	District Hospital
Same day admissions approx.:	10,900
Overnight admissions approx.:	7,400

Shellharbour Hospital has a busy acute care facility which provides emergency services averaging around 24,000 presentations annually, elective surgical services, general medical, antenatal and primary family health care, satellite renal dialysis and adolescent and adult mental health services. The general hospital has 87 medical, surgical and special care in-patient beds, and an 8 bed day surgery unit, in addition to 69 mental in-patient beds. The hospital provides a lead role in the provision of family midwifery services together with gynaecological, breast, laprascopic and ophthalmic services.